

| Pos | Nombre | N | Club | Tiempo |
|-------------------------------------|--------------------------------------|----|-----------------------------|-------------|
| U-10 (3) 2,2 km 55 m 7 C | | | | |
| 1 | 174 Blázquez Valverde, Ángel | 09 | MANZANARES-O Ciudad Real | 24:52 |
| 2 | 203 Ramos González, Sara | 08 | TOLEDO-O Toledo | 25:37 |
| 3 | 288 Jaén, Esther | | GUADALAJARA-O GUADALAJARA | 29:00 |
| M-12 (3) 2,9 km 60 m 11 C | | | | |
| 1 | 150 Fandos Lorente, César | 07 | IBON ZARAGOZA Zaragoza | 25:18 |
| | 292 Peláez Serrano, Marco | 06 | Independiente Independiente | or en tarj. |
| | 291 Peláez Serrano, Gonzalo | 06 | Independiente Independiente | or en tarj. |
| M-14 (1) 3,7 km 95 m 12 C | | | | |
| | 213 Sevil Tella, Acher | 05 | PEÑA_GUARA Huesca | or en tarj. |
| M-16 (12) 4,0 km 95 m 10 C | | | | |
| 1 | 281 Tarancón Tolosa, Daniel | 03 | BMT CASAS DE VES Albacete | 31:50 |
| 2 | 268 Jiménez García, Francisco | 03 | BMT CASAS DE VES Albacete | 32:52 |
| 3 | 275 Pardo Cuesta, Pascual | 02 | BMT CASAS DE VES Albacete | 36:50 |
| 4 | 153 Faure García, Martín | 03 | IBON ZARAGOZA Zaragoza | 37:28 |
| 5 | 156 Fernández Pérez, Mario | 02 | IBON ZARAGOZA Zaragoza | 39:47 |
| 6 | 196 Gómez De Agüero Vázquez, Marcos | 03 | TOLEDO-O Toledo | 41:11 |
| 7 | 276 Pérez Gómez, Alberto | 03 | BMT CASAS DE VES Albacete | 42:55 |
| 8 | 236 Fernandez Melgar, Ruben | 02 | ORIENTIJOTE Cuenca | 44:01 |
| 9 | 252 Gracia Sánchez, Samuel | 02 | SARRIOS Zaragoza | 1:05:16 |
| 10 | 260 Carrión Sotos, Julio | 03 | BMT CASAS DE VES Albacete | 1:07:32 |
| 11 | 271 Morales García, Adrián | 03 | BMT CASAS DE VES Albacete | 1:11:06 |
| 12 | 279 Roldán Muñoz, Miguel | 03 | BMT CASAS DE VES Albacete | 1:39:53 |
| M-21A (15) 9,3 km 200 m 15 C | | | | |
| 1 | 169 Mínguez Viñambres, Alberto | 67 | IMPERDIBLE Madrid | 1:00:47 |
| 2 | 218 Cotillas Moya, David | 96 | COMCU Cuenca | 1:02:06 |
| 3 | 180 Rodríguez Corrochano, Jesús | 97 | MANZANARES-O Ciudad Real | 1:02:28 |
| 4 | 205 Salgado Astillero, Pedro | 70 | TOLEDO-O Toledo | 1:07:06 |
| 5 | 235 Díaz González, Manuel | 81 | ORIENTIJOTE Cuenca | 1:08:54 |
| 6 | 233 Cuartero Navarro, Francisco | 99 | ORIENTIJOTE Cuenca | 1:09:50 |
| 7 | 162 Paricio Francés, Jorge | 98 | IBON ZARAGOZA Zaragoza | 1:10:08 |
| 8 | 206 Tordera Moreno-Tomé, Jaime | 98 | TOLEDO-O Toledo | 1:12:41 |
| 9 | 223 Mesas De Castro, Miguel | 99 | COMCU Cuenca | 1:14:50 |
| 10 | 208 García Calado, Alberto José | 72 | VALENCIA-O Valencia | 1:24:58 |
| 11 | 175 Calatayud Nuñez, Víctor | 86 | MANZANARES-O Ciudad Real | 1:25:12 |
| 12 | 222 Martínez De Lucas, Álvaro | 98 | COMCU Cuenca | 1:28:20 |
| 13 | 247 Bonastre Piazuelo, Isaac | 83 | NORTE-SUR Navarra | 1:31:29 |
| 14 | 262 García Díaz, Javier | 87 | BMT CASAS DE VES Albacete | 1:34:52 |
| 15 | 128 Calle Cruz, Ángel | 79 | GOCAN Madrid | 1:55:23 |
| M-21B (7) 4,4 km 75 m 11 C | | | | |
| 1 | 289 Carrascoso Galant, David | 72 | Independiente Independiente | 38:39 |
| 2 | 264 Honrubia Cebrian, Eduardo | 77 | BMT CASAS DE VES Albacete | 42:55 |
| 3 | 297 URDA URDA, GREGORIO | 68 | QUINTO ALIENTO Ciudad Real | 43:51 |
| 4 | 401 GOMEZ DE AGÜERO VAZQUEZ, EDUA | | TOLEDO-O Toledo | 45:58 |
| 5 | 270 Martínez Canet, José Ramón | 73 | BMT CASAS DE VES Albacete | 59:45 |
| 6 | 274 Murcia Soriano, Juan Francisco | 01 | BMT CASAS DE VES Albacete | 1:07:37 |
| 7 | 296 RUIZ SANCHEZ DE LA NIETA, GUSTAV | 74 | QUINTO ALIENTO Ciudad Real | 1:15:56 |

| Pos | Clasificación | Nombre | Nº | Club | Tiempo |
|-------------------------------------|---------------|------------------------------------|----|---------------------------|---------|
| M-35A (13) 7,8 km 185 m 16 C | | | | | |
| 1 | 198 | González Pérez, Joaquín | 73 | TOLEDO-O Toledo | 59:16 |
| 2 | 144 | Calva Troya, Jacinto | 82 | IBON ZARAGOZA Zaragoza | 1:00:12 |
| 3 | 232 | Pozo Ortiz, Juan | 65 | O-GETAFE Madrid | 1:00:18 |
| 4 | 184 | Borràs Ripollès, Joan | 69 | MONTSANT Tarragona | 1:02:02 |
| 5 | 137 | López Descalzo, Blas | 70 | GODIH Albacete | 1:02:50 |
| 6 | 220 | Gomez Mora, Fernando Jose | 73 | COMCU Cuenca | 1:09:23 |
| 7 | 201 | Peces Morera, Juan Jose | 72 | TOLEDO-O Toledo | 1:13:21 |
| 8 | 140 | Puche Madrid, José | 75 | GODIH Albacete | 1:22:43 |
| 9 | 177 | Manzaneque Estesos, Angel Luis | 79 | MANZANARES-O Ciudad Real | 1:25:34 |
| 10 | 182 | Sánchez-Gil Mínguez, Julián José | 74 | MANZANARES-O Ciudad Real | 1:25:38 |
| 11 | 229 | Muñoz Martínez, José Luis | 71 | COMCU Cuenca | 1:28:29 |
| 12 | 187 | Cordón Pérez, Raúl | 83 | MURCIA-O Murcia | 2:03:00 |
| | 225 | Moya Plaza, David | 73 | COMCU Cuenca | bandona |
| M-45 (26) 6,0 km 100 m 15 C | | | | | |
| 1 | 168 | Garcia, Ramon | 67 | IMPERDIBLE Madrid | 46:34 |
| 2 | 126 | Checa Blas, Fernando | 64 | COAraba Álava | 48:14 |
| 3 | 148 | Elhombre López, Angel | 72 | IBON ZARAGOZA Zaragoza | 52:32 |
| 4 | 284 | Arumí Casadevall, Jordi | 73 | CAT-O Barcelona | 54:26 |
| 5 | 403 | Sánchez Sobrino, Carlos | | NAVALCAN-O TOLEDO | 57:31 |
| 6 | 167 | Fernández Arriaga, Jose Feliciano | 63 | IMPERDIBLE Madrid | 57:35 |
| 7 | 190 | Corroto Sobrino, Mariano | 71 | TOLEDO-O Toledo | 59:19 |
| 8 | 224 | Mesas Martínez, Jose Miguel | 65 | COMCU Cuenca | 1:00:13 |
| 9 | 245 | Toledo Navarro, Miguel Angel | 69 | ORIENTIJOTE Cuenca | 1:00:29 |
| 10 | 255 | Hervás Lucas, Jesús | 68 | C.D.C.E.B.E. Madrid | 1:00:30 |
| 11 | 283 | Villar Peruga, José Antonio | 66 | BMT CASAS DE VES Albacete | 1:02:32 |
| 12 | 280 | Tarancón Descalzo, Juan Agustín | 67 | BMT CASAS DE VES Albacete | 1:03:33 |
| 13 | 191 | Esteban-Manzanares Ferná, Luis | 71 | TOLEDO-O Toledo | 1:08:30 |
| 14 | 200 | Melendez Navas, Diego | 70 | TOLEDO-O Toledo | 1:09:49 |
| 15 | 131 | Gomez Naranjo, Santiago | 69 | GOCAN Madrid | 1:11:07 |
| 16 | 151 | Faure Alegre, Raúl | 66 | IBON ZARAGOZA Zaragoza | 1:12:03 |
| 17 | 263 | González Braseró, Juan Carlos | 64 | BMT CASAS DE VES Albacete | 1:12:57 |
| 18 | 154 | Fernández Murúa, Arturo | 67 | IBON ZARAGOZA Zaragoza | 1:14:38 |
| 19 | 149 | Fandos Falo, César | 68 | IBON ZARAGOZA Zaragoza | 1:16:18 |
| 20 | 204 | Ramos Torres, Eduardo | 71 | TOLEDO-O Toledo | 1:18:14 |
| 21 | 242 | Megías Gómez, Jesús | 66 | ORIENTIJOTE Cuenca | 1:19:21 |
| 22 | 239 | Gonzalez Gallego, Felipe | 54 | ORIENTIJOTE Cuenca | 1:21:59 |
| 23 | 278 | Roldán García, Miguel | 67 | BMT CASAS DE VES Albacete | 1:22:05 |
| 24 | 130 | Gomez Naranjo, Agustin | 66 | GOCAN Madrid | 1:24:12 |
| 25 | 256 | Arjona Griñan, Augusto | 64 | BMT CASAS DE VES Albacete | 1:26:03 |
| 26 | 133 | Díaz Marco, Antonio | 68 | GODIH Albacete | 1:50:03 |
| M-55 (7) 4,7 km 80 m 11 C | | | | | |
| 1 | 207 | Tordera Ovejero, Vicente | 61 | TOLEDO-O Toledo | 37:57 |
| 2 | 202 | Pérez Lorente, Carlos | 60 | TOLEDO-O Toledo | 41:40 |
| 3 | 249 | Fossez -, Claude | 56 | SIMEPIERDO Castellón | 45:13 |
| 4 | 211 | Font, José | | VALENCIA-O Valencia | 49:30 |
| 5 | 195 | Gómez De Agüero Rodríguez, Eduardo | 61 | TOLEDO-O Toledo | 49:58 |
| 6 | 165 | Villar Martínez, Pedro | 61 | IBON ZARAGOZA Zaragoza | 55:25 |
| 7 | 161 | Navarro Ruiz, Fernando | 55 | IBON ZARAGOZA Zaragoza | 1:11:05 |

| Pos | Nombre | N | Club | Tiempo |
|-------------------------------------|---|----|---------------------------|-------------|
| F-12 (6) 2,9 km 60 m 11 C | | | | |
| 1 | 152 Faure García, Julia | 06 | IBON ZARAGOZA Zaragoza | 23:19 |
| 2 | 193 Fernández Ortega, Adriana | 06 | TOLEDO-O Toledo | 31:31 |
| 3 | 192 Esteban-Manzanares Gómez, Isabel | 06 | TOLEDO-O Toledo | 36:24 |
| 4 | 173 Blazquez Valverde, Leire | 06 | MANZANARES-O Ciudad Real | 49:31 |
| 5 | 299 MORENO JIMENEZ, ANA | 08 | CEIP JOSÉ BÁRCEN TOLEDO | 56:02 |
| | 266 Honrubia García, Minerva | 07 | BMT CASAS DE VES Albacete | or en tarj. |
| F-14 (5) 3,1 km 35 m 9 C | | | | |
| 1 | 146 Elhombre Jimenez, Julia | 05 | IBON ZARAGOZA Zaragoza | 31:25 |
| 2 | 155 Fernández Pérez, Eva | 04 | IBON ZARAGOZA Zaragoza | 35:32 |
| 3 | 143 Bermejo Agustín, María | 05 | IBON ZARAGOZA Zaragoza | 35:39 |
| 4 | 164 Sarasa Gracia, Diana | 04 | IBON ZARAGOZA Zaragoza | 40:19 |
| 5 | 147 Elhombre Jimenez, Lucia | 05 | IBON ZARAGOZA Zaragoza | 45:41 |
| F-16 (8) 3,7 km 95 m 12 C | | | | |
| 1 | 231 Toledo Navarro, Patricia | 04 | ALABARDA-O Madrid | 36:07 |
| 2 | 138 Martínez Fernández, Julia | 03 | GODIH Albacete | 38:11 |
| 3 | 251 Alloza Tejero, María | 03 | SARRIOS Zaragoza | 42:24 |
| 4 | 142 Bermejo Agustín, Inés | 03 | IBON ZARAGOZA Zaragoza | 47:34 |
| 5 | 258 Arjona Pérez, Ines | 03 | BMT CASAS DE VES Albacete | 48:38 |
| 6 | 136 Jiménez García, Alicia | 02 | GODIH Albacete | 50:20 |
| 7 | 267 Jaime Carreón, María Nelda | 03 | BMT CASAS DE VES Albacete | 51:43 |
| 8 | 257 Arjona Pérez, Esther | 03 | BMT CASAS DE VES Albacete | 1:06:32 |
| F-21A (2) 7,8 km 185 m 16 C | | | | |
| 1 | 181 Rodríguez Corrochano, María | 96 | MANZANARES-O Ciudad Real | 1:23:25 |
| 2 | 216 Calvo Segovia, Nuria | 71 | COMCU Cuenca | 1:25:30 |
| F-21B (1) 4,4 km 75 m 11 C | | | | |
| 1 | 261 García Descalzo, Eva María | 78 | BMT CASAS DE VES Albacete | 1:08:43 |
| F-35A (14) 6,0 km 100 m 15 C | | | | |
| 1 | 248 Isaba Aramendía, Natalia | 70 | NORTE-SUR Navarra | 1:00:36 |
| 2 | 170 Perez Riofrio, Ana Belen | 74 | IMPERDIBLE Madrid | 1:01:00 |
| 3 | 209 Pous Chiarri, Leonor | 76 | VALENCIA-O Valencia | 1:08:25 |
| 4 | 141 Agustín García, M ^a Carmen | 74 | IBON ZARAGOZA Zaragoza | 1:09:19 |
| 5 | 230 Rodríguez Guixa, Montserrat | 73 | COMCU Cuenca | 1:09:55 |
| 6 | 285 Güell Rovira, Virginia | 77 | CAT-O Barcelona | 1:10:47 |
| 7 | 172 Aparicio Palomino, Silvia Belen | 75 | MANZANARES-O Ciudad Real | 1:15:39 |
| 8 | 178 Manzaneque Estesos, Carmen María | 76 | MANZANARES-O Ciudad Real | 1:15:55 |
| 9 | 221 López López, Beatriz | 80 | COMCU Cuenca | 1:19:13 |
| 10 | 253 Sánchez Aranda, Pili | 68 | SARRIOS Zaragoza | 1:19:52 |
| 11 | 210 Regidor Perona, M ^a Carmen | 75 | VALENCIA-O Valencia | 1:20:44 |
| 12 | 158 Gracia Latorre, Belén | 72 | IBON ZARAGOZA Zaragoza | 1:27:54 |
| 13 | 219 Del Campo Moreno, Maria Del Mar | 75 | COMCU Cuenca | 1:46:59 |
| 14 | 237 Gascón Valera, María José | 75 | ORIENTIJOTE Cuenca | 1:49:09 |

| Pos | Nombre | N | Club | Tiempo |
|---|--|----|----------------------------|-------------|
| F-45 (16) 4,7 km 80 m 11 C | | | | |
| 1 | 272 Muñoz Gomez, Rami | 69 | BMT CASAS DE VES Albacete | 50:46 |
| 2 | 171 Saoner Arévalo, Silvia | 68 | IMPERDIBLE Madrid | 50:52 |
| 3 | 183 Valverde Carrillo, Elena | 70 | MANZANARES-O Ciudad Real | 52:27 |
| 4 | 199 Megia Sanmiguel, María | 71 | TOLEDO-O Toledo | 55:17 |
| 5 | 134 Herrero Vinader, Joaquina | 67 | GODIH Albacete | 58:33 |
| 6 | 166 Cascales Nicolás, M ^a Jesus | 64 | IMPERDIBLE Madrid | 1:00:32 |
| 7 | 194 Galán Sierra, Cristina | 69 | TOLEDO-O Toledo | 1:03:29 |
| 8 | 157 García Rica, Ana | 69 | IBON ZARAGOZA Zaragoza | 1:06:04 |
| 9 | 145 Carruesco Marquina, Azucena | 64 | IBON ZARAGOZA Zaragoza | 1:09:47 |
| 10 | 163 Pérez Coveta, María Paz | 69 | IBON ZARAGOZA Zaragoza | 1:15:53 |
| 11 | 132 Calatayud Pujalte, María Del Mar | 73 | GODIH Albacete | 1:19:22 |
| 12 | 135 Herreros Valiente, Ana | 69 | GODIH Albacete | 1:24:19 |
| 13 | 240 Martínez García, Marta | 67 | ORIENTIJOTE Cuenca | 1:24:42 |
| 14 | 241 Martínez Navarro, Maria Lourdes | 70 | ORIENTIJOTE Cuenca | 1:36:34 |
| 15 | 243 Navarro Ruiperez, Carmen | 70 | ORIENTIJOTE Cuenca | 1:52:49 |
| | 254 Díaz-Toledo Fernández, Teresa | 68 | C.D.C.E.B.E. Madrid | or en tarj. |
| F-55 (2) 4,2 km 90 m 11 C | | | | |
| 1 | 217 Carrascosa Baeza, M ^a Covadonga | 58 | COMCU Cuenca | 1:07:08 |
| 2 | 250 Galdón Delgado, Amalia | 54 | SIMEPIERDO Castellón | 1:51:13 |
| OPENAMARILLO (16) 2,2 km 55 m 7 C | | | | |
| 1 | 265 Honrubia García, Aitana | 09 | BMT CASAS DE VES Albacete | 24:38 |
| 2 | 400 Pozo Batanero, Juan | | GUADALAJARA-O GUADALAJARA | 24:53 |
| 3 | 227 Muñoz del Campo, Javier | 10 | COMCU Cuenca | 25:22 |
| 4 | 282 Villar Gorriz, Martín | 09 | BMT CASAS DE VES Albacete | 27:21 |
| 5 | 185 Borràs Verge, Carla | 09 | MONTSANT Tarragona | 29:39 |
| 6 | 212 Sevil Orille, Angel Carlos | 70 | PEÑA_GUARA Huesca | 33:11 |
| 7 | 214 Sevil Tella, Liena | 09 | PEÑA_GUARA Huesca | 33:12 |
| 8 | 259 Calomarde Cambroner, Mario | 10 | BMT CASAS DE VES Albacete | 34:18 |
| 9 | 432 Hurtado, Samuel | | MOLINA ARAGON GUADALAJARA | 36:28 |
| 10 | 159 Montalvo Agustín, Nicolás | 11 | IBON ZARAGOZA Zaragoza | 38:10 |
| 10 | 160 Montalvo Magallón, José Ángel | 72 | IBON ZARAGOZA Zaragoza | 38:10 |
| 12 | 434 Sanchez, Silvia | | MOLINA ARAGON GUADALAJARA | 38:48 |
| 13 | 407 Viana Agustin, Daniel | | MOLINA ARAGON GUADALAJARA | 42:01 |
| 13 | 406 Adeba Gomez, Ursula | | MOLINA ARAGON GUADALAJARA | 42:01 |
| 15 | 176 Manzaneque Aparicio, Sofia | 10 | MANZANARES-O Ciudad Real | 48:01 |
| 16 | 286 Mesonero, Irene | | GUADALAJARA-O GUADALAJARA | 52:39 |
| OPEN NARANJA (18) 3,7 km 95 m 12 C | | | | |
| 1 | 294 DORADO CHAPARRO, FRANCISCO JO | 74 | QUINTO ALIENTO Ciudad Real | 43:06 |
| 2 | 410 Jambrina Busons, José Angel | | MOLINA ARAGON GUADALAJARA | 49:23 |
| 3 | 186 Verge Rubio, Anna | 71 | MONTSANT Tarragona | 54:13 |
| 4 | 244 Ortega Moratalla, Monica | 69 | ORIENTIJOTE Cuenca | 55:45 |
| 5 | 295 GOMEZ QUINTANA, CIPRIANO | 70 | QUINTO ALIENTO Ciudad Real | 1:04:02 |
| 6 | 433 Sanz Caja, Julio | | MOLINA ARAGON GUADALAJARA | 1:10:17 |
| 7 | 246 Zamora Moral, Jose Ignacio | 86 | ORIENTIJOTE Cuenca | 1:14:25 |
| 8 | 428 Beltran Hurtado, Amalia | | MOLINA ARAGON GUADALAJARA | 1:15:03 |
| 9 | 429 Carrasco Aparicio, Lucia | | MOLINA ARAGON GUADALAJARA | 1:15:08 |
| 10 | 197 González García, Arantxa | 74 | TOLEDO-O Toledo | 1:17:05 |
| 11 | 412 Sandru, Sergio | | MOLINA ARAGON GUADALAJARA | 1:17:46 |
| 12 | 427 Abad Blahova, Alberto | | MOLINA ARAGON GUADALAJARA | 1:19:52 |

| Pos | Nombre | N | Club | Tiempo |
|---|--|----|-----------------------------|-------------|
| OPEN NARANJA (18) 3,7 km 95 m 12 C (cont.) | | | | |
| 13 | 422 Sánchez Esteban, Lucia | | MOLINA ARAGON GUADALAJARA | 1:22:37 |
| 14 | 188 ALGUACIL MARTÍN, MARIA EUGENIA | 69 | TOLEDO-O Toledo | 2:08:28 |
| | 298 Jiménez Pérez, María Mercedes | 72 | CEIP JOSÉ BÁRCEN TOLEDO | or en tarj. |
| | 425 Ruiz Mateo, Adrian | | MOLINA ARAGON GUADALAJARA | or en tarj. |
| | 277 Pérez Gómez, Emilio | 63 | BMT CASAS DE VES Albacete | or en tarj. |
| | 290 JORDAN CAÑAVATE, MARIA EVA | 73 | Independiente Independiente | or en tarj. |
| ALE FEM (19) 2,9 km 60 m 11 C | | | | |
| 1 | 97 VEGA MORA, IRIA | 06 | CRDEE-TOLEDO TOLEDO | 26:11 |
| 2 | 98 FERRANDO GALAN, IRENE | 06 | CRDEE-TOLEDO TOLEDO | 27:28 |
| 3 | 1 RUBIO BELLO, CELESTE | 06 | CRDEE-ALBACETE ALBACETE | 31:46 |
| 4 | 99 PEREZ GARCIA, MARIA | 07 | CRDEE-TOLEDO TOLEDO | 32:16 |
| 5 | 100 MORENO JIMÉNEZ, MERCEDES | 06 | CRDEE-TOLEDO TOLEDO | 33:12 |
| 6 | 3 MUÑOZ DESCALZO, SANDRA | 08 | CRDEE-ALBACETE ALBACETE | 34:56 |
| 7 | 2 ESCRIBANO BELTRÁN, CRISTINA | 06 | CRDEE-ALBACETE ALBACETE | 35:30 |
| 8 | 4 GÓMEZ SÁEZ, MARÍA | 06 | CRDEE-ALBACETE ALBACETE | 36:31 |
| 9 | 56 PEREZ MINAYA, CRISTINA | 07 | CRDEE-CUENCA CUENCA | 37:49 |
| 10 | 84 JAÉN MESONERO, MARTA | 06 | CRDEE-GUADALAJAR GUADALAJ | 43:18 |
| 11 | 33 Pelaez Serrano, Celia | 07 | CRDEE-CIUDAD REA CIUDAD RE | 47:44 |
| 12 | 36 Sanchez-Gil Manzaneque, Ángela | 08 | CRDEE-CIUDAD REA CIUDAD RE | 59:29 |
| 13 | 58 BUENO CIRAC, PAULA | 06 | CRDEE-CUENCA CUENCA | 1:01:50 |
| 14 | 34 Fernández Arroyo Rojo, Nerea Tomasa | 06 | CRDEE-CIUDAD REA CIUDAD RE | 1:04:03 |
| 15 | 57 BERNARDO LOPEZ, ANA | 07 | CRDEE-CUENCA CUENCA | 1:16:42 |
| 16 | 83 MESONERO SANZ, ALBA | 06 | CRDEE-GUADALAJAR GUADALAJ | 1:17:58 |
| 17 | 59 LOPEZ COLLADO, VALERIA | 06 | CRDEE-CUENCA CUENCA | 1:26:43 |
| | 35 Fernández Vico, Laura | 07 | CRDEE-CIUDAD REA CIUDAD RE | or en tarj. |
| | 85 FERNÁNDEZ GIL, ANABEL | 07 | CRDEE-GUADALAJAR GUADALAJ | or en tarj. |
| ALE MAS (16) 2,9 km 60 m 11 C | | | | |
| 1 | 5 PUCHE HERRERO, RAÚL | 07 | CRDEE-ALBACETE ALBACETE | 22:03 |
| 2 | 101 BALLESTEROS ALGUACIL, GONZALO | 06 | CRDEE-TOLEDO TOLEDO | 25:04 |
| 3 | 104 REY ALCONCHEL, MARCOS | 06 | CRDEE-TOLEDO TOLEDO | 27:41 |
| 4 | 40 Sánchez-Gil Manzaneque, Mateo | 06 | CRDEE-CIUDAD REA CIUDAD RE | 29:21 |
| 5 | 8 CARRIÓN SOTOS, ÁLVARO | 07 | CRDEE-ALBACETE ALBACETE | 30:23 |
| 6 | 61 NAVARRO CUARTERO, JOSE MARINO | 07 | CRDEE-CUENCA CUENCA | 32:50 |
| 7 | 37 Molina García-Pozuelo, Álvaro | 06 | CRDEE-CIUDAD REA CIUDAD RE | 33:07 |
| 8 | 38 Barea Martínez, Héctor | 07 | CRDEE-CIUDAD REA CIUDAD RE | 33:14 |
| 9 | 103 GONZÁLEZ SÁNCHEZ, CARLOS | 06 | CRDEE-TOLEDO TOLEDO | 35:50 |
| 10 | 60 SIMARRO JAREÑO, ALVARO | 06 | CRDEE-CUENCA CUENCA | 36:39 |
| 11 | 7 CALOMARDE CAMBRONERO, ANTONI | 07 | CRDEE-ALBACETE ALBACETE | 37:19 |
| 12 | 6 DÍAZ CALATAYUD, JAVIER | 08 | CRDEE-ALBACETE ALBACETE | 39:14 |
| 13 | 102 MELÉNDEZ RODRÍGUEZ, JAVIER | 07 | CRDEE-TOLEDO TOLEDO | 42:10 |
| 14 | 39 Garrigos Esteve, Adrián | 06 | CRDEE-CIUDAD REA CIUDAD RE | 50:09 |
| 15 | 62 LORENTE MARTINEZ, LOT | 06 | CRDEE-CUENCA CUENCA | 52:44 |
| 16 | 63 VILLAESCUSA ORTEGA, ALVARO | 08 | CRDEE-CUENCA CUENCA | 1:04:07 |
| CAD FEM (16) 3,7 km 95 m 12 C | | | | |
| 1 | 105 GONZALEZ PEÑA, NEREA | 02 | CRDEE-TOLEDO TOLEDO | 32:15 |
| 2 | 9 FURTUNA, ANDREA | 02 | CRDEE-ALBACETE ALBACETE | 32:24 |
| 3 | 86 MURO TORRES, UMA | 03 | CRDEE-GUADALAJAR GUADALAJ | 35:29 |
| 4 | 87 JAÉN MESONERO, EVA | 03 | CRDEE-GUADALAJAR GUADALAJ | 35:41 |

| Pos | Nombre | N | Club | Tiempo |
|---------------------------------|------------------------------------|----|----------------------------|-------------|
| CAD FEM (16) | | | | |
| 3,7 km 95 m 12 C (cont.) | | | | |
| 5 | 10 MUÑOZ DESCALZO, ANDREA | 03 | CRDEE-ALBACETE ALBACETE | 35:49 |
| 6 | 11 MARTÍNEZ NAVARRO, CLAUDIA | 02 | CRDEE-ALBACETE ALBACETE | 36:56 |
| 7 | 106 MARQUEZ MARTIN TESORERO, CRIST | 03 | CRDEE-TOLEDO TOLEDO | 37:00 |
| 8 | 107 CORROTO MARTÍN, MARTA | 02 | CRDEE-TOLEDO TOLEDO | 39:59 |
| 9 | 65 MEGIAS MARTINEZ, CARMEN | 03 | CRDEE-CUENCA CUENCA | 42:04 |
| 10 | 12 MURCIA PÉREZ, TERESA | 03 | CRDEE-ALBACETE ALBACETE | 51:40 |
| 11 | 67 SAIZ ONATE, NEREA | 02 | CRDEE-CUENCA CUENCA | 52:04 |
| 12 | 88 VALERO PAREJA, EVA | | CRDEE-GUADALAJAR GUADALAJ | 1:00:29 |
| 13 | 41 Pérez Morcillo, Ana | 03 | CRDEE-CIUDAD REA CIUDAD RE | 1:06:16 |
| 14 | 66 VILLAESCUSA ORTEGA, MARIA | 03 | CRDEE-CUENCA CUENCA | 1:18:20 |
| 15 | 64 ESCRIBANO ALARCON, EVA | 02 | CRDEE-CUENCA CUENCA | 1:20:39 |
| | 42 Ruiz González, Paula | 03 | CRDEE-CIUDAD REA CIUDAD RE | or en tarj. |
| CAD MAS (18) | | | | |
| 4,0 km 95 m 10 C | | | | |
| 1 | 13 GARCÍA GÓMEZ, FLORENCIO | 02 | CRDEE-ALBACETE ALBACETE | 22:53 |
| 2 | 109 FERRANDO GALAN, PABLO | 02 | CRDEE-TOLEDO TOLEDO | 24:33 |
| 3 | 110 GONZÁLEZ PEÑA, AARON | 03 | CRDEE-TOLEDO TOLEDO | 25:12 |
| 4 | 111 RAMIRO MARTIN, CARLOS | 02 | CRDEE-TOLEDO TOLEDO | 27:42 |
| 5 | 16 DÍAZ CALATAYUD, CARLOS | 03 | CRDEE-ALBACETE ALBACETE | 27:47 |
| 6 | 15 GARCÍA JIMÉNEZ, JAVIER | 03 | CRDEE-ALBACETE ALBACETE | 27:58 |
| 7 | 14 VILLAR GÓRRIZ, JOSE ANTONIO | 03 | CRDEE-ALBACETE ALBACETE | 28:01 |
| 8 | 112 FERNÁNDEZ ORTEGA, GONZALO | 03 | CRDEE-TOLEDO TOLEDO | 30:41 |
| 9 | 70 MESAS DE CASTRO, ALVARO | | CRDEE-CUENCA CUENCA | 34:16 |
| 10 | 69 GOMEZ PEÑALVER, NACHO | 03 | CRDEE-CUENCA CUENCA | 34:33 |
| 11 | 68 MOYA RODRIGUEZ, JAIME | | CRDEE-CUENCA CUENCA | 40:38 |
| 12 | 44 Gómez Dorado, Carlos | 03 | CRDEE-CIUDAD REA CIUDAD RE | 46:14 |
| 13 | 90 DÍAZ SIGUERO, CARLOS | 02 | CRDEE-GUADALAJAR GUADALAJ | 48:59 |
| 14 | 71 CANO HERRAIZ, MARCOS | 03 | CRDEE-CUENCA CUENCA | 55:55 |
| 15 | 45 Espada Jiménez, Ares | 03 | CRDEE-CIUDAD REA CIUDAD RE | 1:10:09 |
| 16 | 91 RUIZ JIMÉNEZ, JORGE | 03 | CRDEE-GUADALAJAR GUADALAJ | 1:12:31 |
| 17 | 47 Rodríguez Cardeñosa, Adrián | 03 | CRDEE-CIUDAD REA CIUDAD RE | 1:15:17 |
| | 89 OPPONG AMSAH, THEOPHILUS KOFI | 02 | CRDEE-GUADALAJAR GUADALAJ | bandona |
| INF FEM (15) | | | | |
| 3,1 km 35 m 9 C | | | | |
| 1 | 20 PARREÑO PÉREZ, AVRIL | 05 | CRDEE-ALBACETE ALBACETE | 27:02 |
| 2 | 17 HERREROS JIMÉNEZ, MARTA | 04 | CRDEE-ALBACETE ALBACETE | 27:22 |
| 3 | 92 LÓPEZ BATANERO, PATRICIA | 05 | CRDEE-GUADALAJAR GUADALAJ | 32:17 |
| 4 | 18 PUCHE HERRERO, PAULA | 05 | CRDEE-ALBACETE ALBACETE | 33:05 |
| 5 | 116 VENTAS HERNANDO, INÉS | 05 | CRDEE-TOLEDO TOLEDO | 34:02 |
| 6 | 72 MUÑOZ DEL CAMPO, ALBA | | CRDEE-CUENCA CUENCA | 34:51 |
| 7 | 19 GARCÍA GÓMEZ, ROSA | 05 | CRDEE-ALBACETE ALBACETE | 37:17 |
| 8 | 74 SAIZ ONATE, MARIA ISABEL | 04 | CRDEE-CUENCA CUENCA | 37:36 |
| 9 | 115 PÉREZ DE LA CALLE, MARTA | 04 | CRDEE-TOLEDO TOLEDO | 37:45 |
| 10 | 113 PECES COMENDADOR, MARIAM | 04 | CRDEE-TOLEDO TOLEDO | 38:47 |
| 11 | 48 Donate Villa, Lucía | 05 | CRDEE-CIUDAD REA CIUDAD RE | 40:55 |
| 12 | 114 DEL PINO GOMEZ-SERRANILL, ANA | 05 | CRDEE-TOLEDO TOLEDO | 42:32 |
| 13 | 49 Dorado Ramírez, Andrea | 04 | CRDEE-CIUDAD REA CIUDAD RE | 45:24 |
| 14 | 73 SANCHEZ PICAZO, MARIA ANGELES | 04 | CRDEE-CUENCA CUENCA | 1:00:33 |
| 15 | 75 GARCIA ZAMORA, ALICIA | 04 | CRDEE-CUENCA CUENCA | 1:00:36 |

| os | rsal | Nombre | N | Club | Tiempo |
|---------------------------------------|------|--------------------------------|----|----------------------------|-------------|
| INF MAS (16) 3,7 km 95 m 12 C | | | | | |
| 1 | 76 | MOYA RODRIGUEZ, ANDRES | | CRDEE-CUENCA CUENCA | 24:14 |
| 2 | 117 | FERRANDO GALÁN, GONZALO | 04 | CRDEE-TOLEDO TOLEDO | 26:06 |
| 3 | 119 | MELÉNDEZ RODRÍGUEZ, ÁLVARO | 04 | CRDEE-TOLEDO TOLEDO | 29:16 |
| 4 | 120 | RAMIRO MARTÍN, PABLO | 05 | CRDEE-TOLEDO TOLEDO | 29:44 |
| 5 | 22 | MARTÍNEZ GÓMEZ, FERNANDO | 05 | CRDEE-ALBACETE ALBACETE | 31:03 |
| 6 | 118 | SALGADO FUENTES, ALVARO | 05 | CRDEE-TOLEDO TOLEDO | 32:16 |
| 7 | 23 | PÉREZ RUBIO, JAVIER | 04 | CRDEE-ALBACETE ALBACETE | 34:21 |
| 8 | 21 | MARTÍNEZ GÓMEZ, ERNESTO | 04 | CRDEE-ALBACETE ALBACETE | 34:47 |
| 9 | 24 | MARTÍNEZ MUÑOZ, IVÁN | 05 | CRDEE-ALBACETE ALBACETE | 37:47 |
| 10 | 78 | ESCRIBANO GARCIA, ANGEL | 04 | CRDEE-CUENCA CUENCA | 39:42 |
| 11 | 94 | FERNÁNDEZ GIL, MARIO | 05 | CRDEE-GUADALAJAR GUADALAJ | 42:13 |
| 12 | 77 | GONZALEZ MARTINEZ, MARIO | 05 | CRDEE-CUENCA CUENCA | 48:47 |
| 13 | 53 | Sánchez Cabrerizo, Manuel | 05 | CRDEE-CIUDAD REA CIUDAD RE | 56:09 |
| 14 | 54 | Espadas Jiménez, Akil | 05 | CRDEE-CIUDAD REA CIUDAD RE | 1:02:37 |
| 15 | 51 | Galán Sánchez, Iker | 05 | CRDEE-CIUDAD REA CIUDAD RE | 1:04:08 |
| 16 | 79 | LOPEZ CAMPILLOS, FELIPE ADRIAN | 04 | CRDEE-CUENCA CUENCA | 1:52:25 |
| JUV FEM (11) 6,0 km 100 m 15 C | | | | | |
| 1 | 121 | BASARÁN VAN HAM, KIKA | 01 | CRDEE-TOLEDO TOLEDO | 51:17 |
| 2 | 122 | MÁRQUEZ MARTÍN-TESORERO, RAQU | 01 | CRDEE-TOLEDO TOLEDO | 53:00 |
| 3 | 27 | DEFEZ CERNICHARO, ANA | 01 | CRDEE-ALBACETE ALBACETE | 59:52 |
| 4 | 123 | GARCÍA MEGÍA, LEIRE | 01 | CRDEE-TOLEDO TOLEDO | 1:02:04 |
| 5 | 25 | MARTÍNEZ TARANCÓN, ANA LÍA | 01 | CRDEE-ALBACETE ALBACETE | 1:05:42 |
| 6 | 55 | MOLINA GARCIA-POZUELO, MARTA | 01 | CRDEE-CIUDAD REA CIUDAD RE | 1:10:11 |
| 7 | 26 | PÉREZ RUBIO, TAMARA | 00 | CRDEE-ALBACETE ALBACETE | 1:14:33 |
| 8 | 96 | TEMPRADO RODRIGO, MARÍA | 01 | CRDEE-GUADALAJAR GUADALAJ | 1:33:29 |
| 9 | 124 | MARTÍN FERNÁNDEZ, SUSANA | 03 | CRDEE-TOLEDO TOLEDO | 1:58:18 |
| 10 | 28 | SÁEZ JIMÉNEZ, PATRICIA | 01 | CRDEE-ALBACETE ALBACETE | 2:11:07 |
| | 95 | SIQUEIRA BATANERO, ARUCA | 01 | CRDEE-GUADALAJAR GUADALAJ | or en tarj. |
| JUV MAS (7) 7,8 km 185 m 16 C | | | | | |
| 1 | 29 | JIMÉNEZ GARCÍA, CARLOS | 01 | CRDEE-ALBACETE ALBACETE | 1:00:58 |
| 2 | 80 | CUARTERO NAVARRO, TOMAS | 00 | CRDEE-CUENCA CUENCA | 1:04:03 |
| 3 | 125 | MARTÍNEZ SORIANO, ÁLVARO | 02 | CRDEE-TOLEDO TOLEDO | 1:17:51 |
| 4 | 32 | HERRERO ARNEDO, MARCOS | 01 | CRDEE-ALBACETE ALBACETE | 1:19:25 |
| 5 | 30 | GONZÁLEZ SÁNCHEZ, ANDRÉS | 00 | CRDEE-ALBACETE ALBACETE | 1:23:41 |
| 6 | 81 | RUIZ CARRASCO, REYES ALEJANDRO | 01 | CRDEE-CUENCA CUENCA | 1:45:55 |
| 7 | 31 | GONZÁLEZ SÁNCHEZ, JAVIER | 00 | CRDEE-ALBACETE ALBACETE | 1:50:17 |