

Difícil (16)			9,1 km		13 C										Meta		
Pos	Dorsal	Nombre	Tiempo	1(31)	2(32)	3(33)	4(34)	5(35)	6(31)	7(36)	8(37)	9(38)	10(39)	11(40)	12(41)	13(100)	Meta
1		Raul Ferra	1:08:08	6:44	12:45	17:52	20:14	23:07	34:10	38:18	43:06	55:27	1:00:37	1:05:40	1:07:01	1:07:52	1:08:08
		Murcia Lorca-o		6:44	6:01	5:07	2:22	2:53	11:03	4:08	4:48	12:21	5:10	5:03	1:21	0:51	0:16
2		ricardo garcía dengra	1:09:22	5:52	11:55	17:06	19:20	22:18	34:57	39:35	44:05	57:50	1:02:12	1:07:09	1:08:25	1:09:09	1:09:22
		cuenca Boletus		5:52	6:03	5:11	2:14	2:58	12:39	4:38	4:30	13:45	4:22	4:57	1:16	0:44	0:13
3		Elmar Montero Cárc	1:15:20	7:57	14:35	19:57	22:44	26:28	38:14	42:29	46:40	1:00:37	1:07:45	1:12:54	1:14:23	1:15:06	1:15:20
		Albacete GODIH ALE		7:57	6:38	5:22	2:47	3:44	11:46	4:15	4:11	13:57	7:08	5:09	1:29	0:43	0:14
4		Javier Montero Ferná	1:23:49	8:45	16:06	22:36	26:26	30:30	44:26	49:38	54:11	1:09:25	1:15:24	1:20:29	1:22:19	1:23:22	1:23:49
		Albacete GODIH ALE		8:45	7:21	6:30	3:50	4:04	13:56	5:12	4:33	15:14	5:59	5:05	1:50	1:03	0:27
5		Maikel Rodríguez Do	1:31:40	6:58	16:26	21:50	24:06	27:09	41:47	52:13	56:41	1:12:06	1:19:48	1:29:14	1:30:46	1:31:27	1:31:40
		Pontevedra Montañei		6:58	9:28	5:24	2:16	3:03	14:38	10:26	4:28	15:25	7:42	9:26	1:32	0:41	0:13
6		David Cotillas Moya	1:51:57	24:57	32:04	39:12	43:38	48:11	1:02:53	1:09:01	1:14:14	1:32:34	1:42:26	1:48:45	1:50:35	1:51:36	1:51:57
		Cuenca Elección de l		24:57	7:07	7:08	4:26	4:33	14:42	6:08	5:13	18:20	9:52	6:19	1:50	1:01	0:21
7		Roberto Montes Marc	1:53:12	16:33	26:27	34:23	37:48	41:45	1:02:15	1:10:32	1:16:08	1:33:46	1:43:45	1:50:11	1:52:14	1:52:56	1:53:12
		Asturias Astur Extren		16:33	9:54	7:56	3:25	3:57	20:30	8:17	5:36	17:38	9:59	6:26	2:03	0:42	0:16
8		Juan Rodríguez Díaz	1:58:58	8:58	19:36	26:50	29:38	33:10	51:37	58:49	1:03:26	1:31:59	1:39:18	1:54:04	1:57:51	1:58:44	1:58:58
		Toledo Toledo-O		8:58	10:38	7:14	2:48	3:32	18:27	7:12	4:37	28:33	7:19	14:46	3:47	0:53	0:14
9		Ricardo Figueroa Fer	2:01:41	7:58	30:28	41:06	44:38	51:25	1:12:14	1:20:51	1:26:48	1:44:00	1:52:01	1:58:34	2:00:27	2:01:29	2:01:41
		Pontevedra Montañei		7:58	22:30	10:38	3:32	6:47	20:49	8:37	5:57	17:12	8:01	6:33	1:53	1:02	0:12
10		Ruben Maeztu Ugarte	2:44:04	14:24	28:29	38:04	47:01	54:10	1:18:27	1:30:36	1:36:49	2:14:48	2:24:37	2:40:33	2:42:54	2:43:52	2:44:04
		Navarra C.D. NAVAR		14:24	14:05	9:35	8:57	7:09	24:17	12:09	6:13	37:59	9:49	15:56	2:21	0:58	0:12
		Blas López Descalzo	Error en l	16:15	26:02	36:02	39:53	44:24	1:00:00	---	---	---	---	1:06:46	1:08:20	1:09:10	1:09:28
		Albacete GODIH ALE		16:15	9:47	10:00	3:51	4:31	15:36	---	---	---	---	6:46	1:34	0:50	0:18
		Miguel Ángel Toledo	Error en l	12:55	37:49	52:08	1:00:30	1:09:05	---	---	---	1:19:39	1:34:23	1:46:14	1:48:54	1:49:56	1:50:20
		Cuenca ORIENTIJOT		12:55	24:54	14:19	8:22	8:35	---	---	---	10:34	14:44	11:51	2:40	1:02	0:24
		Jose Miguel Mesas	Error en l	17:00	43:46	58:15	1:05:58	1:16:06	---	---	---	1:24:31	1:39:10	---	---	1:53:16	1:53:55
		Toledo Toledo-O		17:00	26:46	14:29	7:43	10:08	---	---	---	8:25	14:39	---	---	14:06	0:39
		Miguel Mesas	Error en l	17:21	43:01	57:21	1:05:55	1:14:27	---	---	---	1:24:45	1:39:30	1:51:01	1:54:09	1:55:11	1:55:26
		Toledo Toledo-O		17:21	25:40	14:20	8:34	8:32	---	---	---	10:18	14:45	11:31	3:08	1:02	0:15
		Nicolás Corvo Weinb	Error en l	25:08	44:09	1:14:44	1:21:28	1:34:44	2:04:07	---	---	---	---	2:15:32	2:18:30	2:20:17	2:20:48
		Navarra C.D. NAVAR		25:08	19:01	30:35	6:44	13:16	29:23	---	---	---	---	11:25	2:58	1:47	0:31
		Mikel Ozcoidi Arizm	Error en l	28:58	49:49	1:00:47	1:14:26	1:21:46	1:51:27	2:03:48	---	---	---	---	---	---	2:23:28
		Navarra C.D. NAVAR		28:58	20:51	10:58	13:39	7:20	29:41	12:21	---	---	---	---	---	---	19:40
Medio (18)				4,0 km		9 C										Meta	
Pos	Dorsal	Nombre	Tiempo	1(40)	2(31)	3(37)	4(53)	5(32)	6(52)	7(51)	8(42)	9(100)	Meta				
1		Paul Richard Mesa	54:04	10:44	19:57	26:09	30:55	34:02	39:10	44:45	49:45	53:49	54:04				
		Alicante Universidad		10:44	9:13	6:12	4:46	3:07	5:08	5:35	5:00	4:04	0:15				
2		Ana Rodríguez Díaz	54:32	7:25	14:44	21:35	27:24	31:19	38:00	46:29	51:16	54:19	54:32				
		Toledo Toledo-O		7:25	7:19	6:51	5:49	3:55	6:41	8:29	4:47	3:03	0:13				
3		Iván Fernández-pach	1:01:27	5:09	15:28	21:16	26:20	29:44	36:24	54:05	58:00	1:01:10	1:01:27				
		Ciudad Real MANZA		5:09	10:19	5:48	5:04	3:24	6:40	17:41	3:55	3:10	0:17				
4		Ana Isabel Toledo Na	1:02:33	4:43	16:25	23:01	30:08	33:25	40:30	50:38	56:47	1:02:13	1:02:33				
		Cuenca ORIENTIJOT		4:43	11:42	6:36	7:07	3:17	7:05	10:08	6:09	5:26	0:20				
5		Francisco Cuartero N	1:04:51	6:53	18:20	24:49	32:22	35:36	42:19	52:54	59:01	1:04:28	1:04:51				
		Cuenca ORIENTIJOT		6:53	11:27	6:29	7:33	3:14	6:43	10:35	6:07	5:27	0:23				
6		Felipe Martínez Olme	1:06:42	8:47	20:13	27:01	34:11	37:23	44:10	54:40	1:00:50	1:06:18	1:06:42				
		Cuenca ORIENTIJOT		8:47	11:26	6:48	7:10	3:12	6:47	10:30	6:10	5:28	0:24				
7		Tamara Pérez Rubio	1:12:57	10:29	26:46	33:21	40:25	43:42	50:46	1:01:07	1:07:15	1:12:38	1:12:57				
		Albacete GODIH ALE		10:29	16:17	6:35	7:04	3:17	7:04	10:21	6:08	5:23	0:19				
8		Jose Ramon Molina \	1:23:58	6:04	22:20	34:03	41:40	50:41	1:00:05	1:13:24	1:19:22	1:23:25	1:23:58				
		Ciudad Real MANZA		6:04	16:16	11:43	7:37	9:01	9:24	13:19	5:58	4:03	0:33				
9		Miriam Fernández-Pa	1:24:57	6:51	23:27	34:32	42:49	51:57	1:02:02	1:14:30	1:20:16	1:24:40	1:24:57				
		Ciudad Real MANZA		6:51	16:36	11:05	8:17	9:08	10:05	12:28	5:46	4:24	0:17				
10		Juan Manuel Ruiz	1:27:15	10:00	47:05	55:03	59:46	1:02:54	1:07:17	1:19:05	1:24:03	1:26:31	1:27:15				
		Independiente Indepe		10:00	37:05	7:58	4:43	3:08	4:23	11:48	4:58	2:28	0:44				
11		Gilberto Díaz Falcon	1:39:14	11:43	28:01	40:52	47:16	52:07	1:08:22	1:28:00	1:33:48	1:38:38	1:39:14				
		Pontevedra Aroelo - I		11:43	16:18	12:51	6:24	4:51	16:15	19:38	5:48	4:50	0:36				
12		María Jose Merino He	1:45:56	6:59	38:02	48:15	56:22	1:03:56	1:17:30	1:29:14	1:35:23	1:45:26	1:45:56				
		Asturias Astur Extren		6:59	31:03	10:13	8:07	7:34	13:34	11:44	6:09	10:03	0:30				
		Carmen Navarro Ruij	Error en l	25:30	---	---	---	---	---	39:26	53:54	1:14:59	1:15:44				
		Cuenca ORIENTIJOT		25:30	---	---	---	---	---	13:56	14:28	21:05	0:45				
		Marta Molina García-j	Error en l	8:51	29:04	42:49	---	---	56:43	1:09:25	1:14:31	1:19:16	1:19:35				
		Ciudad Real MANZA		8:51	20:13	13:45	---	---	13:54	12:42	5:06	4:45	0:19				
		Laura Gonzalez Díaz	Error en l	9:05	32:57	45:11	---	---	58:57	1:11:46	1:17:00	1:21:43	1:22:00				
		Madrid G.O.C.A.N.		9:05	23:52	12:14	---	---	13:46	12:49	5:14	4:43	0:17				
		Patricia Toledo Navai	Error en l	11:52	35:56	49:38	---	---	1:03:32	1:16:14	1:21:13	1:26:00	1:26:13				
		Cuenca ORIENTIJOT		11:52	24:04	13:42	---	---	13:54	12:42	4:59	4:47	0:13				
		Alvaro Mesas	Error en l	---	16:32	35:40	---	43:46	---	---	---	1:53:15	1:53:53	27:36	58:13	1:05:54	
		Toledo Toledo-O		---	16:32	19:08	---	8:06	---	---	---	1:09:29	0:38	*36	*33	*34	
				1:15:58	1:24:28	1:39:15											

		*35	*38	*39							
Cristina Saez Perez	Error en l	14:29	40:03	51:39	58:48	1:04:13	1:45:12	---	2:14:02	2:21:38	
Alicante Universidad		14:29	25:34	11:36	7:09	5:25	40:59		28:50	7:36	

Facil (1)

Pos Dorsal Nombre

Tiempo

1,6 km**10 C**

			1(42)	2(43)	3(44)	4(45)	5(46)	6(47)	7(48)	8(49)	9(50)	10(100)	Meta
1	Miguel Diaz Chub	49:38	4:10	9:15	14:37	17:17	19:08	24:14	26:54	35:10	38:02	49:16	49:38
	Pontevedra Aroelo - I		4:10	5:05	5:22	2:40	1:51	5:06	2:40	8:16	2:52	11:14	0:22