

Difícil (13)			4,5 km	18 C													
Pos	Dorsal	Nombre	Tiempo	1(31) 15(46)	2(32) 16(47)	3(33) 17(48)	4(34) 18(100)	5(35) Meta	6(36)	7(37)	8(38)	9(39)	10(40)	11(41)	12(42)	13(44)	14(45)
1		Diego Lazaro Cuenca Boletus	44:45	4:48 4:48 42:43	6:05 1:17	7:49 1:44	10:16 2:27	12:35 2:19	17:05 4:30	18:49 1:44	21:35 2:46	26:49 5:14	30:37 3:48	31:06 0:29	33:46 2:40	38:54 5:08	41:13 2:19
2		Maikel Rodriguez Do Pontevedra Montañei	1:05:57	7:18 7:18	8:40 1:22	10:53 2:13	18:23 7:30	22:00 3:37	32:20 10:20	34:15 1:55	37:57 3:42	44:05 6:08	47:48 3:43	48:26 0:38	53:39 5:13	59:19 5:40	1:01:59 2:40
3		David Moya Cuenca COMCU	1:08:09	7:38 7:38	8:51 1:13	11:05 2:14	15:43 4:38	18:54 3:11	30:01 11:07	33:49 3:48	37:02 3:13	45:31 8:29	49:37 4:06	50:29 0:52	54:17 3:48	1:00:18 6:01	1:04:06 3:48
4		Ricardo Figueroa Fer Pontevedra Montañei	1:11:32	6:32 6:32	8:06 1:34	14:56 6:50	21:10 6:14	24:12 3:02	36:21 12:09	38:28 2:07	42:08 3:40	48:21 6:13	55:27 7:06	56:03 0:36	1:00:11 4:08	1:06:12 6:01	1:08:24 2:12
5		Mikel Ozcoidi Arizm Navarra C.D. NAVAR	1:16:48	9:16 9:16	11:31 2:15	14:39 3:08	18:52 4:13	22:06 3:14	30:18 8:12	33:26 3:08	38:36 5:10	47:02 8:26	53:51 6:49	57:43 3:52	1:02:42 4:59	1:09:28 6:46	1:12:31 3:03
6		Jesús Hervás Lucas Madrid C.D.C.E.B.E.	1:19:23	9:00 9:00	11:00 2:00	14:26 3:26	20:14 5:48	23:23 3:09	32:13 8:50	35:22 3:09	38:40 3:18	48:03 9:23	53:54 5:51	54:51 0:57	1:01:21 6:30	1:11:05 9:44	1:15:19 4:14
7		Juan Rodríguez Díaz Toledo Toledo-O	1:25:31	18:49 18:49	20:03 1:14	22:26 2:23	25:45 3:19	28:32 2:47	36:44 8:12	41:30 4:46	53:45 12:15	1:02:32 8:47	1:07:42 5:10	1:08:20 0:38	1:13:02 4:42	1:19:10 6:08	1:22:06 2:56
8		Miguel Ángel Toledo Cuenca ORIENTIJOT	1:30:25	7:37 7:37	10:06 2:29	13:09 3:03	17:11 4:02	20:46 3:35	30:31 9:45	33:40 3:09	41:25 7:45	52:53 11:28	1:02:47 9:54	1:03:26 0:39	1:10:23 6:57	1:19:26 9:03	1:24:53 5:27
9		Ruben Maeztu Ugarte Navarra C.D. NAVAR	1:32:02	9:17 9:17	10:52 1:35	13:55 3:03	23:56 10:01	28:15 4:19	36:01 7:46	39:33 3:32	45:36 6:03	52:08 6:32	1:08:39 16:31	1:09:28 0:49	1:13:25 3:57	1:20:39 7:14	1:25:37 4:58
10		Nicolás Corvo Weinb Navarra C.D. NAVAR	1:38:57	10:55 10:55	13:46 2:51	17:27 3:41	28:15 10:48	31:45 3:30	39:56 8:11	44:09 4:13	49:19 5:10	58:59 9:40	1:05:06 6:07	1:05:53 0:47	1:23:12 17:19	1:32:08 8:56	1:34:49 2:41
		Blas López Descalzo Albacete GODIH ALE	Error en t	7:27 7:27	9:16 1:49	11:54 2:38	14:52 2:58	17:38 2:46	---	---	---	27:57 10:19	32:04 4:07	32:50 0:46	36:36 3:46	42:25 5:49	44:30 2:05
		Iñaki Ardaiz Villanue Navarra C.D. NAVAR	Error en t	---	---	---	---	---	---	---	---	---	---	16:13 16:13	---	---	---
		Miguel Mesas Toledo Toledo-O	Abandon	16:57 16:57	19:48 2:51	23:06 3:18	27:35 4:29	31:56 4:21	---	---	---	---	---	---	43:49 11:53	---	---
				---	---	54:54 11:05	55:15 0:21	55:30 0:15	---	---	---	---	---	---	---	---	---
Medio (16)			3,0 km	11 C													
Pos	Dorsal	Nombre	Tiempo	1(51)	2(41)	3(42)	4(35)	5(38)	6(36)	7(43)	8(46)	9(47)	10(48)	11(100)	Meta		
1		Francisco Cuartero N Cuenca ORIENTIJOT	33:26	3:57 3:57	6:18 2:21	10:21 4:03	14:59 4:38	19:46 4:47	23:36 3:50	25:52 2:16	31:12 5:20	32:05 0:53	32:58 0:53	33:16 0:18	33:26 0:10		
2		Juan Manuel Ruiz Independiente Indepe	54:21	7:25 7:25	12:27 5:02	17:11 4:44	24:24 7:13	30:58 6:34	44:04 13:06	46:38 2:34	51:50 5:12	53:06 1:16	53:49 0:43	54:08 0:19	54:21 0:13		
3		Ana Rodríguez Díaz Toledo Toledo-O	54:35	2:21 2:21	14:11 11:50	19:10 4:59	26:25 7:15	32:58 6:33	37:58 5:00	42:18 4:20	51:44 9:26	53:04 1:20	54:00 0:56	54:23 0:23	54:35 0:12		
4		Paul Richard Mesa Alicante Universidad	56:54	3:49 3:49	17:34 13:45	23:12 5:38	33:07 9:55	38:11 5:04	43:18 5:07	46:20 3:02	54:11 7:51	55:22 1:11	56:17 0:55	56:42 0:25	56:54 0:12		
5		Tamara Pérez Rubio Albacete GODIH ALE	1:00:25	4:20 4:20	8:24 4:04	17:45 9:21	27:57 10:12	34:52 6:55	41:33 6:41	46:30 4:57	56:58 10:28	58:44 1:46	59:43 0:59	1:00:10 0:27	1:00:25 0:15		
6		Iván Fernández-pach Ciudad Real MANZA	1:02:53	5:27 5:27	8:52 3:25	13:41 4:49	21:40 7:59	34:56 13:16	42:20 7:24	48:41 6:21	59:08 10:27	1:01:24 2:16	1:02:16 0:52	1:02:38 0:22	1:02:53 0:15		
7		Marta Molina García- Ciudad Real MANZA	1:06:26	8:09 8:09	12:16 4:07	25:11 12:55	34:51 9:40	41:06 6:15	47:30 6:24	53:16 5:46	1:03:15 9:59	1:04:51 1:36	1:05:48 0:57	1:06:13 0:25	1:06:26 0:13		
8		Miriam Fernández-Pa Ciudad Real MANZA	1:13:29	7:32 7:32	12:21 4:49	19:24 7:03	32:20 12:56	41:38 9:18	51:27 9:49	56:41 5:14	1:07:13 10:32	1:10:15 3:02	1:12:54 2:39	1:13:15 0:21	1:13:29 0:14		
9		Cristina Saez Perez Alicante Universidad	1:13:39	4:59 4:59	9:23 4:24	21:12 11:49	32:49 11:37	40:53 8:04	50:28 9:35	56:52 6:24	1:08:00 11:08	1:10:21 2:21	1:12:04 1:43	1:13:13 1:09	1:13:39 0:26		
10		Jose Ramon Molina Ciudad Real MANZA	1:14:05	7:07 7:07	12:11 5:04	17:56 5:45	31:29 13:33	41:14 9:45	51:15 10:01	56:27 5:12	1:07:00 10:33	1:10:02 3:02	1:12:47 2:45	1:13:37 0:50	1:14:05 0:28		
11		Laura Gonzalez Diaz	1:51:00	23:02	29:37	44:05	57:44	1:14:10	1:24:10	1:32:03	1:46:18	1:49:23	1:50:20	1:50:47	1:51:00		

	Madrid G.O.C.A.N.	23:02	6:35	14:28	13:39	16:26	10:00	7:53	14:15	3:05	0:57	0:27	0:13	
12	Patricia Toledo Navar	1:52:58	23:23	31:27	46:09	59:42	1:15:59	1:26:20	1:34:29	1:48:07	1:51:22	1:52:24	1:52:46	1:52:58
	Cuenca ORIENTIJOT	23:23	8:04	14:42	13:33	16:17	10:21	8:09	13:38	3:15	1:02	0:22	0:12	
	Alvaro Mesas	Error en t	---	1:09:11	1:16:28	---	---	---	---	1:34:01	1:36:13	1:37:16	1:37:41	1:37:51
	Toledo Toledo-O		---	1:09:11	7:17	---	---	---	---	17:33	2:12	1:03	0:25	0:10
			12:59	19:31	23:36	27:06	36:31	40:51	47:27	58:25	1:08:35	1:25:24	1:31:01	
			*32	*33	*34	*35	*36	*37	*38	*39	*40	*44	*45	
	Carmen Navarro Ruij	Error en t	13:07	22:14	40:18	1:04:25	1:20:18	1:30:50	1:43:09	---	---	2:03:48	2:04:44	2:05:20
	Cuenca ORIENTIJOT		13:07	9:07	18:04	24:07	15:53	10:32	12:19	---	---	20:39	0:56	0:36
	Felipe Martinez Olme	Abandon	---	---	38:20	---	---	---	---	---	---	49:16	49:40	49:55
	Cuenca ORIENTIJOT		---	---	38:20	---	---	---	---	---	---	10:56	0:24	0:15
			14:00	17:25	22:09	26:27	---	---	---	---	---	---	---	---
			*32	*33	*34	*35	---	---	---	---	---	---	---	---
	Ana Isabel Toledo N	Abandon	---	---	39:24	---	---	---	---	---	---	50:22	50:51	51:05
	Cuenca ORIENTIJOT		---	---	39:24	---	---	---	---	---	---	10:58	0:29	0:14
			15:15	18:34	23:18	27:31	---	---	---	---	---	---	---	---
			*32	*33	*34	*35	---	---	---	---	---	---	---	---