



Murcia Orientación c	10:39	7:21	6:51	7:15	3:13	3:35	8:20	10:31	2:10	11:33					
	---	---	1:17:06	1:23:57	1:29:21	1:31:08	1:32:04	1:32:42							
			5:38	6:51	5:24	1:47	0:56	0:38							
Paco Jaen Guisado Abandon	22:14	24:03	29:11	37:11	39:44	44:04	51:03	---	---	1:03:05	---	---	---	---	---
Guadalajara CLUB O	22:14	1:49	5:08	8:00	2:33	4:20	6:59			12:02					
	---	---	1:12:24	1:22:15	1:27:22	1:30:36	1:32:42	1:34:18							
			9:19	9:51	5:07	3:14	2:06	1:36							
Beatriz Abandon	9:37	11:17	17:30	33:25	36:25	41:21	52:47	1:10:16	1:12:57	1:34:01	1:38:40	---	---	---	---
Cuenca COMCU	9:37	1:40	6:13	15:55	3:00	4:56	11:26	17:29	2:41	21:04	4:39				
	1:52:56	---	---	---	---	---	---	2:07:23		1:06:42					
	14:16							14:27		*51					

Medio (28)		4,9 km		15 C															
Pos	Dorsal	Nombre	Tiempo																
			1(55)	2(52)	3(40)	4(44)	5(50)	6(42)	7(43)	8(44)	9(33)	10(35)	11(36)	12(46)	13(47)	14(38)			
			15(100)	Meta															
1		Francisco Cuartero N Cuenca ORIENTIJOT	49:51	3:51	5:25	9:29	12:16	14:17	17:06	18:33	23:41	32:34	34:34	37:28	41:09	46:26	48:35		
			3:51	1:34	4:04	2:47	2:01	2:49	1:27	5:08	8:53	2:00	2:54	3:41	5:17	2:09			
			49:28	49:51															
			0:53	0:23															
2		Paul Richard Mesa Alicante Universidad	54:21	5:46	7:22	11:18	15:35	17:36	20:47	22:19	28:15	38:15	39:59	42:00	45:16	50:48	52:36		
			5:46	1:36	3:56	4:17	2:01	3:11	1:32	5:56	10:00	1:44	2:01	3:16	5:32	1:48			
			53:44	54:21															
			1:08	0:37															
3		Ana Rodríguez Díaz Toledo Toledo-O	1:00:35	4:55	6:35	11:18	15:06	17:02	20:14	21:34	28:07	39:41	42:05	47:03	51:57	57:02	58:54		
			4:55	1:40	4:43	3:48	1:56	3:12	1:20	6:33	11:34	2:24	4:58	4:54	5:05	1:52			
			59:55	1:00:35															
			1:01	0:40															
4		Iván Fernández-pach Ciudad Real MANZA	1:09:53	6:39	8:49	14:44	19:33	24:36	27:39	29:25	36:35	51:11	53:14	57:06	1:00:57	1:06:22	1:08:25		
			6:39	2:10	5:55	4:49	5:03	3:03	1:46	7:10	14:36	2:03	3:52	3:51	5:25	2:03			
			1:09:13	1:09:53															
			0:48	0:40															
5		Tamara Pérez Rubio Albacete GODIH ALE	1:10:16	8:04	9:48	17:43	21:55	24:50	30:30	32:22	39:40	52:10	54:36	56:36	1:00:04	1:06:21	1:08:06		
			8:04	1:44	7:55	4:12	2:55	5:40	1:52	7:18	12:30	2:26	2:00	3:28	6:17	1:45			
			1:09:29	1:10:16															
			1:23	0:47															
6		Marta Molina García Ciudad Real MANZA	1:11:03	9:13	11:08	18:45	23:14	25:39	28:36	30:35	37:20	49:46	52:17	56:01	1:01:20	1:07:40	1:09:24		
			9:13	1:55	7:37	4:29	2:25	2:57	1:59	6:45	12:26	2:31	3:44	5:19	6:20	1:44			
			1:10:21	1:11:03															
			0:57	0:42															
7		Gilberto Diaz Falcon Pontevedra Aroelo - I	1:12:56	4:59	8:01	14:10	24:07	27:32	32:37	34:54	41:34	52:26	54:36	57:24	1:01:00	1:08:47	1:11:11		
			4:59	3:02	6:09	9:57	3:25	5:05	2:17	6:40	10:52	2:10	2:48	3:36	7:47	2:24			
			1:12:15	1:12:56															
			1:04	0:41															
8		Felipe Martínez Olme Cuenca ORIENTIJOT	1:15:33	3:36	5:42	17:27	25:29	30:05	33:20	35:11	42:33	57:01	59:01	1:03:03	1:06:46	1:12:20	1:14:10		
			3:36	2:06	11:45	8:02	4:36	3:15	1:51	7:22	14:28	2:00	4:02	3:43	5:34	1:50			
			1:15:07	1:15:33															
			0:57	0:26															
9		Andrea Gracia Játiva Albacete GODIH ALE	1:17:05	5:45	8:08	14:13	21:32	24:46	30:17	33:18	42:11	54:22	56:45	1:00:30	1:06:02	1:12:30	1:15:06		
			5:45	2:23	6:05	7:19	3:14	5:31	3:01	8:53	12:11	2:23	3:45	5:32	6:28	2:36			
			1:16:22	1:17:05															
			1:16	0:43															
10		Ana Lía Martínez Tar Albacete GODIH ALE	1:18:37	10:53	12:44	20:38	24:56	27:38	31:27	33:02	40:49	55:06	57:48	1:00:26	1:06:00	1:14:49	1:16:41		
			10:53	1:51	7:54	4:18	2:42	3:49	1:35	7:47	14:17	2:42	2:38	5:34	8:49	1:52			
			1:17:58	1:18:37															
			1:17	0:39															
11		Jose Antonio Villar G Albacete BMT CASA	1:22:25	8:16	14:38	25:44	31:35	34:21	43:11	46:12	55:27	1:04:18	1:06:20	1:09:09	1:12:54	1:18:25	1:20:18		
			8:16	6:22	11:06	5:51	2:46	8:50	3:01	9:15	8:51	2:02	2:49	3:45	5:31	1:53			
			1:21:21	1:22:25															
			1:03	1:04															
12		Natalia Navarro Moya Albacete GODIH ALE	1:23:13	4:43	7:20	13:06	18:16	24:35	28:33	30:39	40:15	52:18	57:09	1:00:43	1:09:10	1:16:14	1:19:38		
			4:43	2:37	5:46	5:10	6:19	3:58	2:06	9:36	12:03	4:51	3:34	8:27	7:04	3:24			
			1:21:44	1:23:13															
			2:06	1:29															
13		Eva Maria Para Martí Madrid Monte El Parc	1:30:15	6:38	8:25	22:11	30:01	32:58	36:42	41:43	51:41	1:05:06	1:08:05	1:10:29	1:15:12	1:26:05	1:28:10		
			6:38	1:47	13:46	7:50	2:57	3:44	5:01	9:58	13:25	2:59	2:24	4:43	10:53	2:05			
			1:29:26	1:30:15															
			1:16	0:49															
14		Patricia Toledo Naval Cuenca ORIENTIJOT	1:31:49	5:47	7:18	14:35	19:13	21:56	25:54	27:25	36:11	1:04:39	1:08:07	1:12:55	1:16:27	1:28:38	1:30:26		
			5:47	1:31	7:17	4:38	2:43	3:58	1:31	8:46	28:28	3:28	4:48	3:32	12:11	1:48			
			1:31:13	1:31:49															
			0:47	0:36															
15		Uma Muro Torres Guadalajara CLUB O	1:33:16	6:48	8:37	16:03	21:04	23:41	27:07	28:58	37:32	1:06:44	1:09:55	1:14:23	1:19:03	1:30:10	1:31:42		
			6:48	1:49	7:26	5:01	2:37	3:26	1:51	8:34	29:12	3:11	4:28	4:40	11:07	1:32			
			1:32:46	1:33:16															
			1:04	0:30															
16		Eva Jaén Mesonero Guadalajara CLUB O	1:33:35	6:41	8:37	16:05	21:09	23:40	27:08	28:56	37:45	1:06:49	1:10:01	1:14:26	1:19:04	1:29:44	1:31:40		
			6:41	1:56	7:28	5:04	2:31	3:28	1:48	8:49	29:04	3:12	4:25	4:38	10:40	1:56			
			1:32:49	1:33:35															
			1:09	0:46															
17		Ana Isabel Toledo Ne Cuenca ORIENTIJOT	1:35:41	3:21	5:09	11:00	16:53	19:18	23:28	24:55	36:51	1:14:52	1:17:45	1:19:52	1:27:23	1:32:20	1:34:14		
			3:21	1:48	5:51	5:53	2:25	4:10	1:27	11:56	38:01	2:53	2:07	7:31	4:57	1:54			
			1:35:09	1:35:41															
			0:55	0:32															
18		Covadonga Carrasco Cuenca COMCU	1:37:35	9:08	15:20	26:34	33:32	37:35	43:19	46:31	57:21	1:12:21	1:15:08	1:18:36	1:23:01	1:29:49	1:33:11		
			9:08	6:12	11:14	6:58	4:03	5:44	3:12	10:50	15:00	2:47	3:28	4:25	6:48	3:22			
			1:35:50	1:37:35															
			2:39	1:45															

19	Pascual Pardo Cuest Albacete BMT CASA	1:53:29	11:16	15:22	23:01	30:27	33:34	40:14	42:09	51:51	1:19:29	1:22:38	1:31:12	1:35:47	1:46:33	1:49:37
			11:16	4:06	7:39	7:26	3:07	6:40	1:55	9:42	27:38	3:09	8:34	4:35	10:46	3:04
			1:51:51	1:53:29	2:14	1:38										
20	Maria Jose Merino He Asturias Astur Extren	1:59:36	7:10	10:43	21:47	32:10	35:59	41:21	45:13	1:01:52	1:29:09	1:33:08	1:37:32	1:43:33	1:53:38	1:57:21
			7:10	3:33	11:04	10:23	3:49	5:22	3:52	16:39	27:17	3:59	4:24	6:01	10:05	3:43
			1:58:43	1:59:36	1:22	0:53										
21	Cristina Saez Perez Alicante Universidad	2:00:25	7:28	10:47	21:24	32:33	36:35	42:12	45:02	54:36	1:25:42	1:30:28	1:36:44	1:46:01	1:54:29	1:57:26
			7:28	3:19	10:37	11:09	4:02	5:37	2:50	9:34	31:06	4:46	6:16	9:17	8:28	2:57
			1:59:55	2:00:25	2:29	0:30										
Miriam Fernández-Pa Ciudad Real MANZA	Error en t		12:36	14:11	22:22	27:06	29:45	33:13	34:50	43:34	---	1:06:56	1:12:50	1:23:25	---	1:33:58
			12:36	1:35	8:11	4:44	2:39	3:28	1:37	8:44	---	23:22	5:54	10:35	---	10:33
			1:35:11	1:35:47	1:13	0:36										
Paula Martínez Huert Albacete GODIH ALE	Error en t		7:40	11:59	19:55	27:34	30:48	36:48	39:31	48:27	---	1:14:29	1:20:26	1:31:06	1:43:44	1:46:22
			7:40	4:19	7:56	7:39	3:14	6:00	2:43	8:56	---	26:02	5:57	10:40	12:38	2:38
			1:48:14	1:49:52	1:52	1:38										
Daniel Tarancon Tolc Albacete BMT CASA	Error en t		14:19	18:19	26:05	33:45	36:38	43:32	45:37	54:57	1:22:23	1:25:49	1:34:32	1:38:43	---	1:52:13
			14:19	4:00	7:46	7:40	2:53	6:54	2:05	9:20	27:26	3:26	8:43	4:11	---	13:30
			1:54:55	1:56:12	2:42	1:17										
Maite Torres Romanc Guadalajara CLUB O	Abandon		5:30	8:06	15:39	20:31	---	---	---	---	49:14	52:32	55:17	59:57	1:10:21	1:12:54
			5:30	2:36	7:33	4:52	---	---	---	---	28:43	3:18	2:45	4:40	10:24	2:33
			1:14:01	1:14:47	1:07	0:46										
Laura Gonzalez Diaz Madrid G.O.C.A.N.	Abandon		7:11	9:49	25:40	32:01	---	---	---	---	58:22	1:01:22	1:04:03	1:09:05	1:16:47	1:18:45
			7:11	2:38	15:51	6:21	---	---	---	---	26:21	3:00	2:41	5:02	7:42	1:58
			1:20:01	1:20:44	1:16	0:43										
Ana Defez Cernichar Albacete BMT CASA	Abandon		8:43	11:16	27:02	33:33	---	---	---	---	59:39	1:01:42	1:03:54	1:11:01	1:17:51	1:20:10
			8:43	2:33	15:46	6:31	---	---	---	---	26:06	2:03	2:12	7:07	6:50	2:19
			1:21:13	1:21:52	1:03	0:39										
Carmen Navarro Ruij Cuenca ORIENTIJOT	Abandon		11:19	16:23	29:02	38:36	---	---	---	---	1:15:14	1:20:07	1:24:16	1:33:30	1:45:28	1:49:48
			11:19	5:04	12:39	9:34	---	---	---	---	36:38	4:53	4:09	9:14	11:58	4:20
			1:52:43	1:54:27	2:55	1:44										

## Facil (2)

Pos Dorsal Nombre

Tiempo

2,7 km

10 C

			1(31)	2(32)	3(34)	4(33)	5(35)	6(36)	7(37)	8(39)	9(38)	10(100)	Meta
1	Patricia López Batan Guadalajara CLUB O	1:13:49	9:27	16:28	26:07	32:24	37:26	42:34	55:44	1:07:01	1:11:02	1:13:01	1:13:49
			9:27	7:01	9:39	6:17	5:02	5:08	13:10	11:17	4:01	1:59	0:48
2	Miguel Díaz Chub Pontevedra Aroelo - I	1:31:52	12:31	16:08	25:35	38:13	48:16	55:13	1:14:00	1:24:35	1:27:41	1:30:31	1:31:52
			12:31	3:37	9:27	12:38	10:03	6:57	18:47	10:35	3:06	2:50	1:21